



# Lauderdale Yacht Club

## ILCA Program Spring 2026 Schedule & Information

### **Program Overview**

The Spring 2026 ILCA season builds on one of the strongest competitive years in LYC history, with sailors producing top-tier national and international results. This season focuses on refining race skills, improving consistency in larger fleets, and preparing sailors for the major summer championships.

The program is led by Head Coach Erik Bowers, supported by Coach Erika Reineke and Sailing Director John Casey. Erika represented the United States at the 2024 Olympic Games in the ILCA 6, finishing 9th overall, with Erik serving as her Olympic coach. Their combined Olympic-level experience makes this the most knowledgeable and solid ILCA coaching staff in the country.

The LYC Spring Program kicks off on Saturday, January 10, 2026, and concludes on Sunday, May 11, 2026. Training weekends include a 9:45 AM report time and a 10:30 AM rigged-and-ready time, with practice ending at 4:30 PM. Sessions may include workouts, debriefs, video review, and most importantly plenty of sailing.

Sailors bringing boats on trailers must remove them from LYC at the end of each weekend, as onsite trailer storage is not available.

### **Program Momentum: Summer & Fall 2025 Achievements**

LYC sailors delivered an exceptional run of results from summer through fall 2025, asserting themselves at every major championship. At ILCA North Americans, six LYC sailors reached Gold Fleet, with Mateo Coates and Jake Homberger finishing 2nd and 3rd, and Jason Folvig, Cole Fanchi, and Jackson Wilcox all inside the top 12.

At US Nationals, Jackson Bjorklund won all four races to take the National Championship, followed by Sebastian Sheppard in 2nd, with William Bateman and Emilio Bocanegra also in the top ten.

On the world stage, LYC placed five of the six American boys into Gold Fleet at the ILCA 6 Youth Worlds, highlighted by Coates (12th), Wilcox (19th), and Fanchi (34th) in their first Open Worlds. Wilcox then won the 2025 Canadian National Championship, climbing from 3rd to 1st in the final race.

At the US Youth Championships hosted by LYC, Coates won the ILCA 6 Boys title, edging out teammates Homberger and Fanchi in a dramatic final-race showdown.

LYC sailors hit another milestone at the 2025 Cressy High School National Championship, where Coates won the ILCA 6 Boys division, adding to LYC's legacy of titles in 2016, 2017, 2019, 2021, 2022, and 2025. Sheppard, Nissa Berman, and Cate Baldwin also earned top-ten finishes.

Jason Folvig took his turn at regatta success at the D13 Championships due to his consistent sailing in the light air four-race regatta, finishing with 10 points, 15 points clear of second place. LYC had five sailors in the top 15, with Sophia Debs second girl. Cole Fanchi and Jackson Wilcox both needed a fifth race to get rid of their UFDs with otherwise top results, Cole garnering a 3,2,1 in the other three and Jackson with a 6,4,2. Emilio Bocanegra and Emmett Debs finished strong with a 4-7 respectively in the last race. These achievements underscore the depth and trajectory of LYC's ILCA program heading into Spring 2026!

LYC alumni also had an amazing run at College Singlehanded Nationals. Robby Meek easily won the Championship for the Glen S. Foster Trophy, with Owen Kohut, Jake Homberger and Peter Barnard all finishing in the top 10. Katherine Doble was also second in the Women's Championship. With 11 LYC sailors out of 36 qualified and capturing Gold and Silver, we're proud of our alumni!

### **Spring 2026 Regatta Schedule (with Registration & NOR Links)**

Lauderdale Olympic Classes Regatta (LOC Regatta)

Dates: January 16-19, 2026

Location: Lauderdale Yacht Club – Fort Lauderdale, FL

Registration & NOR: <https://www.regattanetwork.com/event/30519>

ILCA Midwinters East

Dates: February 19-22, 2026

Location: Key Biscayne Yacht Club – Miami, FL

Registration & NOR: <https://theclubspot.com/regatta/hqTN3s0lrX>

ILCA Gulf Coast Championships

Dates: February 28 – March 1, 2026

Location: Sarasota Sailing Squadron – Sarasota, FL

Miami Sailing Week

Dates: March 21-22, 2026

Coconut Grove Sailing Club – Miami, FL

### **Program Expectations & Logistics**

Training Commitments

Consistent attendance at practices is essential for sailors aiming to compete in the spring regattas. Training will focus on:

Starting proficiency and acceleration

Upwind mechanics and speed in ocean chop

Downwind tactical awareness and mode changes

Fitness, mobility, and competitive readiness

Program Eligibility & Commitment Standards

The Spring ILCA Program is designed for:

Sailors who have demonstrated proficiency in all boat-handling maneuvers required in an ILCA 4, 6, and/or 7.

Sailors who are ready for high-level race training.

Sailors who can effectively and safely train in open ocean conditions above 15 knots.

Sailors who are willing to commit to a fitness program.

Sailors who demonstrate an advanced level of commitment to training and regatta competition.

## Regatta Travel & Chartering

Program fees cover coach regatta entry and coach travel for designated spring events. Fees do not include sailor housing, regatta entry fees, or boat charters.

## Gear Requirements

Sailors should maintain:

A well-rigged ILCA 6 with reliable equipment and spares

Required safety gear, including PFD and whistle

Adequate hydration, nutrition, and layers for variable weather

Class-approved floating tow line

## Program Fees

Program fees cover all Spring 2026 ILCA training weekends as well as coaching and support at the Lauderdale OCR, Midwinters East, and the Gulf Coast Championships and Miami Sailing Week.

Please note that Midwinters West is not included in the Spring Program Fee.

Spring Program Fee:

LYC Member: \$1,683.00

Non-Member: \$2,550.00

All fees are due prior to sailors attending Spring Session.

## Future Regattas (ILCA North America & International – 2026 Calendar)

US Championships

Corpus Christi Yacht Club — Corpus Christi, TX, USA

May 22–24, 2026

Atlantic Coast Championships

Carolina Yacht Club — Charleston, SC, USA

June 12–14, 2026

North American Championships

Cabrillo Beach Yacht Club — San Pedro, CA, USA

July 9–12, 2026

2026 ILCA 6 Youth World Championships

Aarhus International Sailing Center — Aarhus, Denmark

August 11–19, 2026



## **LYC ILCA Trailer and Towing Policy**

Space is limited at LYC, so we want to keep everything running smoothly for families and sailors. If you plan to bring your boat on a trailer, please contact the Sailing Director at least one week prior to arrival so we can help coordinate space and logistics.

LYC ILCA trailers are reserved for LYC Member sailors attending regattas, and we are always happy to accommodate YSG sailors as space allows. Trailer spots are assigned on a first-come, first-served basis.

To ensure safety and efficiency, sailors and families are responsible for loading and securing their own boats and equipment on trailers. LYC coaches cannot load or strap personal boats.

ILCA dinghy insurance is strongly recommended. LYC cannot be responsible for damage during loading, unloading, or transport.

## **LYC Regatta Sign-Up Sheet Policy**

Our regatta sign-up sheets help us plan the best coaching support, safe sailor-to-coach ratios, and efficient event logistics. Each event includes a Sign-Up/Drop Deadline.

If a sailor is added after the posted deadline, a late fee will apply. Families must update the sheet themselves—emails or conversations do not replace official signup changes.

## **LYC Dry Storage Policy**

We offer organized ILCA dry storage at \$45 per month for sailors enrolled in the Spring Program.

Rack assignments are made when the Spring roster is finalized. Boat owners must keep their area tidy.

In a hurricane plan, all boats must be removed. In a tropical storm plan, boats must be secured on-site.

## **LYC Supportive Parent Policy**

Our ILCA program helps sailors grow into confident, independent athletes. Parents should drop sailors outside the boat park and allow them to manage their own gear and rigging.

Coaches focus on creating a positive learning environment. The ILCA Chair or Sailing Director can address questions.

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